* Divide into groups of 3 or 4.
* Choose one person to express a facial emotion provided below
* You must sit very still and silent and not move anything except your facial muscles.
* How many emotions can you correctly identify (out of 14) in 5 minutes? Tick them off as you go

1. Surprise
2. Apprehension
3. Joy
4. Sadness
5. Annoyance
6. Disgust
7. Boredom
8. Optimism
9. Fear
10. Contempt
11. Interest
12. Remorse
13. Serenity
14. Submission