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# Virtual drug discovery exercise

**An assessed problem-based learning exercise**

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# What is a team?

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A team is a small number of people with complementary skills who are committed to a common purpose, set of performance goals, and approach for which they hold themselves mutually accountable.

*Kaltzenbach and Smith The wisdom of teams*

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# Team elements

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Environment

Emotions

Purpose

Personalities

Roles

Experience

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# Team initiations

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- Introductions
  - Practise listening to each other
  - Establish goals, roles and team rules
  - Clarify task and assessment criteria
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# Active Listening

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- Focus completely on the other person.
  - Let the other person know you want to hear them and give them time to express themselves. Now is not the time for judgement.
  - Provide positive body language to indicate you are paying attention: *eg* smiling, eye contact
  - Seek to get to the essence of what is said. Try not to interrupt but do summarise back or ask questions to clarify.
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# Just listen

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- Person one talks for 1 minute about their experience of group or team work
  - Person 2 ACTIVELY listens
  - Person 2 then asks 2 questions to clarify a point (and to show they were listening)
  - Then swap over
  - Finally, tell the rest of your team about your partner's experience of team working
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# Skills development

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What skills do you need to work effectively in a group?

- Communication
  - Listening
  - Negotiation
  - Leadership
  - Empathy
  - Organisation
  - Time management
  - Reliability
  - Participation
  - Critical analysis
  - Problem solving
  - Respect
  - Trust
  - Patience
  - Delegation
  - Peer support
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# Self-assessment

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- Identify and write down...

....one skill you feel you are good at

...and one you would like to develop

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# Team building

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- Team name
  - Team logo
  - Team charter
    - Up to 6 rules/commitments
    - Up to 3 consequences
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# Team roles

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- You need to assign some roles to your teams
  - For example:
    - Team leader
    - Meeting organiser
    - Note taker
  - Can have other roles too
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# Knowing me, knowing you

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- Write down what **you** want to get out of this exercise – what do you want to develop, learn or offer?
  - Discussion time
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